

Patient Instructions after a Colonoscopy with Biopsy/Polypectomy

Patient: _____

MRN: _____

Procedure Date: _____

Attending MD: _____

1. Try sips of fluid first. If tolerated, resume regular diet or the diet recommended by your physician.
2. Do not drive, operate machinery, make critical decisions, or do activities that require coordination or balance for 24 hours.
3. Because air was put into your colon during the procedure, expelling large amounts of air is normal.
4. Do not drink alcohol for 24 hours.
5. It would be best if someone could stay with you at home or check on you following your procedure.
6. Dial 911 or go directly to the emergency room if you notice any of the following:

- Chills and/or fever over 101
- Persistent vomiting
- Severe abdominal pain, other than gas cramps
- Severe chest pain
- Black, tarry stools
- Any bleeding - exceeding one tablespoon
- Increasing abdominal distention.

Your Doctor will notify you regarding your pathology results.

Your doctor recommends these additional instructions:

If you have any questions regarding the above instructions, please call our office at

Nurse Signature

Patient/Designated Responsible Party Signature